Herfstcriterium 2026: Session: 4: COACH evaluation sheet for TEAM: UZKZ

Coachinfo: Warming up from: 13:00 untill 13:45. Teamleadmeeting @ The listed starttimes are indicative!

Coaches: Mabbe Andy

Coaches: Vandeputte Pieter HEADCOACH

Coaches: Vanden Abeele Syl

Coaches: Heyligen Bert

Coaches: Planckaert Pieter

Coaches: Rigole Luna

Coaches: Spincemaille Laura

PB => Personal Best time **SB => Seasons Best time: Season starting point: first of September.**

Event number: 20: 100M BREASTSTROKE MEN 13+ Heat:4, starttime: 14:05

Heat: 4/14 Lane : 7 Athlete: VANDEPUTTE RUBE **Q-time: 01:36:71**

PB (25m pool): 01:38.64 Zwembad De Treffer 06/04/2026 **PB (50m pool):** 01:36.71 **SB:** no time

	25 M	50 M	75 M	100 M	
PB		00:46.03		01:38.64	
		00:46.03		*00:52.61*	
	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	

Coach feedback:

Event number: 20: 100M BREASTSTROKE MEN 13+ Heat:5, starttime: 14:10

Heat: 5/14 Lane : 1 Athlete: DE BAERE ARNAUD **Q-time: 01:34:39**

PB (25m pool): 01:35.62 LAGO Zwevegem 25/05/2026 **PB (50m pool):** 01:34.39 **SB:** no time

	25 M	50 M	75 M	100 M	
PB		00:44.47		01:35.62	
		00:44.47		*00:51.15*	
	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	

Coach feedback:

Event number: 20: 100M BREASTSTROKE MEN 13+ Heat:7, starttime: 14:15

Heat: 7/14 Lane : 6 Athlete: MOENENS MATTEO **Q-time: 01:29:48**

PB (25m pool): 01:29.48 LAGO Zwevegem 25/05/2026 **PB (50m pool):** 01:34.71 **SB:** 01:32.67 Brugge 04/10/2026

	25 M	50 M	75 M	100 M	
PB		00:42.47		01:29.48	
		00:42.47		*00:47.01*	
	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	

Coach feedback:

Herfstcriterium 2026: Session: 4: COACH evaluation sheet for TEAM: UZKZ

Event number: 20: 100M BREASTSTROKE MEN 13+ — Heat:11, starttime: 14:20

Heat: 11/14 Lane : 7 Athlete: HEYLIGEN LUTZ — **Q-time: 01:21:42**

PB (25m pool): 01:21.42 Ettelbruck 19/04/2026 **PB (50m pool):** 01:22.68 **SB:** no time

	25 M	50 M	75 M	100 M	
PB		00:37.73		01:21.42	
		00:37.73		*00:43.69*	
	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	

Coach feedback:

Event number: 20: 100M BREASTSTROKE MEN 13+ — Heat:12, starttime: 14:25

Heat: 12/14 Lane : 4 Athlete: HUYGHEBAERT JULES — **Q-time: 01:18:45**

PB (25m pool): 01:18.45 Zwembad De Treffer 06/04/2026 **PB (50m pool):** 01:23.04 **SB:** no time

	25 M	50 M	75 M	100 M	
PB		00:37.07		01:18.45	
		00:37.07		*00:41.38*	
	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	

Coach feedback:

Event number: 22: 50M BUTTERFLY WOMEN 11-12 — Heat:1, starttime: 15:05

Heat: 1/13 Lane : 4 Athlete: BREDA MAUD — **Q-time: 00:52:18**

PB (25m pool): 00:52.18 Brugge 04/10/2026 **PB (50m pool):** 00:56.81 **SB:** 00:52.18 Brugge 04/10/2026

	25 M	50 M	
PB		00:52.18	
		00:52.18	
	. . : . . : . .	. . : . . : . .	

Coach feedback:

Event number: 22: 50M BUTTERFLY WOMEN 11-12 — Heat:9, starttime: 15:15

Heat: 9/13 Lane : 1 Athlete: VANDENBULCKE FELI — **Q-time: 00:40:90**

PB (25m pool): 00:40.90 Brugge 04/10/2026 **PB (50m pool):** 00:41.83 **SB:** 00:40.90 Brugge 04/10/2026

	25 M	50 M	
PB		00:40.90	
		00:40.90	
	. . : . . : . .	. . : . . : . .	

Coach feedback:

Herfstcriterium 2026: Session: 4: COACH evaluation sheet for TEAM: UZKZ

Event number: 23: 50M BUTTERFLY MEN 13+ — Heat:1, starttime: 15:20

Heat: 1/16 Lane : 5 Athlete: VANDEPUTTE RUBE — **Q-time: 00:44:76**

PB (25m pool): 00:44.76 Brugge 04/10/2026 **PB (50m pool):** 00:48.76 **SB:** 00:44.76 Brugge 04/10/2026

	25 M	50 M	
PB		00:44.76	
		00:44.76	
	. . : . . : . .	. . : . . : . .	

Coach feedback:

Event number: 23: 50M BUTTERFLY MEN 13+ — Heat:6, starttime: 15:25

Heat: 6/16 Lane : 6 Athlete: DE BAERE ARNAUD — **Q-time: 00:34:98**

PB (25m pool): 00:37.63 Ettelbruck 19/04/2026 **PB (50m pool):** 00:34.98 **SB:** no time

	25 M	50 M	
PB		00:37.63	
		00:37.63	
	. . : . . : . .	. . : . . : . .	

Coach feedback:

Event number: 23: 50M BUTTERFLY MEN 13+ — Heat:8, starttime: 15:30

Heat: 8/16 Lane : 2 Athlete: MOENENS MATTEO — **Q-time: 00:33:74**

PB (25m pool): 00:33.74 Brugge 04/10/2026 **PB (50m pool):** 00:34.83 **SB:** 00:33.74 Brugge 04/10/2026

	25 M	50 M	
PB		00:33.74	
		00:33.74	
	. . : . . : . .	. . : . . : . .	

Coach feedback:

Event number: 23: 50M BUTTERFLY MEN 13+ — Heat:10, starttime: 15:30

Heat: 10/16 Lane : 2 Athlete: HUYGHEBAERT JULES — **Q-time: 00:32:41**

PB (25m pool): 00:32.41 Nijlen 16/11/2025 **PB (50m pool):** 00:32.58 **SB:** no time

	25 M	50 M	
PB		00:32.41	
		00:32.41	
	. . : . . : . .	. . : . . : . .	

Coach feedback:

Herfstcriterium 2026: Session: 4: COACH evaluation sheet for TEAM: UZKZ

Event number: 23: 50M BUTTERFLY MEN 13+ — Heat:13, starttime: 15:35

Heat: 13/16 Lane : 7 Athlete: HEYLIGEN LUTZ — **Q-time: 00:30:83**

PB (25m pool): 00:30.83 Waregem 26/09/2026 — **PB (50m pool):** 00:31.24 **SB:** 00:30.83 Waregem 26/09/2026

	25 M	50 M	
PB		00:30.83	
	00:30.83		
	. . : . . : . .	. . : . . : . .	

Coach feedback:

Event number: 25: 100M FREESTYLE MEN 11-12 — Heat:1, starttime: 16:30

Heat: 1/12 Lane : 4 Athlete: VANDENBROUCKE BAS — **Q-time: 01:35:95**

PB (25m pool): 01:35.95 Brugge 04/10/2026 — **PB (50m pool):** 01:55.86 **SB:** 01:35.95 Brugge 04/10/2026

	25 M	50 M	75 M	100 M	
PB		00:43.73		01:35.95	
		00:43.73		*00:52.22*	
	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	

Coach feedback:

Event number: 25: 100M FREESTYLE MEN 11-12 — Heat:2, starttime: 16:35

Heat: 2/12 Lane : 1 Athlete: HONOREZ HENRI — **Q-time: 01:34:42**

PB (25m pool): 01:34.42 Brugge 04/10/2026 — **PB (50m pool):** 01:44.67 **SB:** 01:34.42 Brugge 04/10/2026

	25 M	50 M	75 M	100 M	
PB		00:44.10		01:34.42	
		00:44.10		*00:50.32*	
	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	

Coach feedback:

Event number: 25: 100M FREESTYLE MEN 11-12 — Heat:2, starttime: 16:35

Heat: 2/12 Lane : 8 Athlete: BONTE EMIEL — **Q-time: 01:35:29**

PB (25m pool): 01:35.29 Brugge 04/10/2026 — **PB (50m pool):** no time **SB:** 01:35.29 Brugge 04/10/2026

	25 M	50 M	75 M	100 M	
PB		00:44.55		01:35.29	
		00:44.55		*00:50.74*	
	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	

Coach feedback:

Herfstcriterium 2026: Session: 4: COACH evaluation sheet for TEAM: UZKZ

Event number: 25: 100M FREESTYLE MEN 11-12 — Heat:3, starttime: 16:35

Heat: 3/12 Lane : 1 Athlete: VANDENDRIESSCHE MIRO — **Q-time: 01:28:08**

PB (25m pool): 01:28.08 Brugge 04/10/2026 **PB (50m pool):** 01:30.27 **SB:** 01:28.08 Brugge 04/10/2026

	25 M	50 M	75 M	100 M	
PB		00:40.89		01:28.08	
		00:40.89		*00:47.19*	
	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	

Coach feedback:

Event number: 25: 100M FREESTYLE MEN 11-12 — Heat:3, starttime: 16:35

Heat: 3/12 Lane : 3 Athlete: WINDELS LUCAS — **Q-time: 01:26:28**

PB (25m pool): 01:28.44 Diksmuide 08/02/2026 **PB (50m pool):** 01:26.28 **SB:** no time

	25 M	50 M	75 M	100 M	
PB		no time		01:28.44	
		no time			
	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	

Coach feedback:

Event number: 25: 100M FREESTYLE MEN 11-12 — Heat:8, starttime: 16:45

Heat: 8/12 Lane : 7 Athlete: WINDELS JACK — **Q-time: 01:18:28**

PB (25m pool): 01:18.28 Brugge 04/10/2026 **PB (50m pool):** 01:18.46 **SB:** 01:18.28 Brugge 04/10/2026

	25 M	50 M	75 M	100 M	
PB		00:36.96		01:18.28	
		00:36.96		*00:41.32*	
	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	

Coach feedback:

Event number: 25: 100M FREESTYLE MEN 11-12 — Heat:10, starttime: 16:50

Heat: 10/12 Lane : 4 Athlete: SANDRA TUUR — **Q-time: 01:15:44**

PB (25m pool): 01:15.44 Zwembad De Treffer 06/04/2026 **PB (50m pool):** 01:17.68 **SB:** 01:15.48 Brugge 04/10/2026

	25 M	50 M	75 M	100 M	
PB		00:36.75		01:15.44	
		00:36.75		*00:38.69*	
	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	

Coach feedback:

Herfstcriterium 2026: Session: 4: COACH evaluation sheet for TEAM: UZKZ

Event number: 25: 100M FREESTYLE MEN 11-12 — Heat:11, starttime: 16:50

Heat: 11/12 Lane : 3 Athlete: BOHIJN NAUD — **Q-time: 01:14:77**

PB (25m pool): 01:14.77 Zwevegem 31/05/2026 **PB (50m pool):** 01:16.17 **SB:** no time

	25 M	50 M	75 M	100 M	
PB		00:35.99		01:14.77	
		00:35.99		*00:38.78*	
	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	

Coach feedback:

Event number: 26: 100M BREASTSTROKE WOMEN 11-12 — Heat:4, starttime: 17:00

Heat: 4/15 Lane : 8 Athlete: VANDENBULCKE FELI — **Q-time: 01:50:66**

PB (25m pool): 01:50.66 Diksmuide 08/02/2026 **PB (50m pool):** 01:51.09 **SB:** no time

	25 M	50 M	75 M	100 M	
PB		00:13.36		01:50.66	
		00:13.36		*01:37.30*	
	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	

Coach feedback:

Event number: 26: 100M BREASTSTROKE WOMEN 11-12 — Heat:9, starttime: 17:15

Heat: 9/15 Lane : 5 Athlete: BREDA MAUD — **Q-time: 01:41:71**

PB (25m pool): 01:42.86 Zwembad De Treffer 06/04/2026 **PB (50m pool):** 01:41.71 **SB:** no time

	25 M	50 M	75 M	100 M	
PB		00:48.61		01:42.86	
		00:48.61		*00:54.25*	
	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	

Coach feedback: